

Rockland

September 2014

2	CBS (WCBS) HD	60	SportsNet New York HD	143	CBS Sports Network HD	306	HBO West HD	600-660	Enhanced TV Channels
3	ION (WPXN) HD	61	News 12 Traffic & Weather HD	144	ESPNU HD GO	307	HBO2 West HD	688-726	High-Definition Channels
4	NBC (WNBC) HD	62	The Weather Channel HD	145	The Golf Channel HD GO	308	HBO Signature West HD	727	Velocity (HD only)
5	FOX (WNYW) HD GO	64	Esquire Network HD GO	146	NBCSN HD GO	309	HBO Family West HD	728-744	High-Definition Channels
6	Univisión (WXTV) HD GO	65	Turner Classic Movies HD GO	147	FNTSY Sports Network	310	HBO2 HD	745	Universal HD (HD only)
7	ABC (WABC) HD GO	66	C-SPAN 2 GO	148	NBA TV HD	320	Showtime On Demand	746-772	High-Definition Channels
8	NJTV	68	FOX Sports 1 HD GO	149	MLB Network HD	321	Showtime Showcase HD	773	Sports Overflow HD
9	My9 (WWOR) HD	69	Religious Programming	150	NFL Network HD GO	322	Showtime Extreme HD	774	Sports Overflow 2 HD
10	WLNY HD	70	YES Network HD	151	NFL RedZone HD	323	Showtime Beyond	775-783	High-Definition Channels
11	CW (WPIX) HD	71	MSG HD	152	ESPN Goal Line/ ESPN Buzzer Beater HD GO	324	Showtime Next	784	Crime & Investigation Network (HD only)
12	News 12 HD GO	72	MSG Plus HD	153	ESPN Deportes GO	325	Showtime Family Zone	785	Palladia (HD only)
13	Thirteen/PBS (WNET) HD	73	Sports Overflow HD	154	beIN Sports	326	Showtime Women	786-848	High-Definition Channels
14	Optimum Channel HD GO	74	C-SPAN GO		en Español HD GO	327	Showtime West HD	849-899	Music Choice Channels GO
15	WNYJ	76	Public Access	155	beIN Sports HD GO	328	Showtime Too West HD	900	Explore Optimum
16	Telemundo (WNJU) HD GO	77	Educational Access	156	Fusion HD	329	Showtime Showcase West HD	901	Order Optimum Online
17	UniMÁS HD	78	ShopHQ/Government Access	157	The Blaze HD	339	Starz On Demand	902	Optimum Upgrades
18	HSN	79	QVC HD	158	Nat Geo Wild HD	340	Starz HD GO	903	Optimum IDs
19	WRNN	81	Oxygen HD GO	160	FYI HD GO	341	Starz Cinema	904	Explore Optimum en español
20	WMBC	82	HBO HD GO	161	H2 HD GO	342	Starz Kids & Family HD	905	Multi-Room DVR Upgrade
21	PBS (WLIW) HD	83	IFC HD GO	162	National Geographic Channel HD GO	343	Starz Edge HD	906	Showtime Previews
22	NYC Life HD	84	Showtime HD GO	163	Smithsonian Channel HD	344	Starz in Black	907	Most Watched
23	MSNBC HD GO	85	Cinemax HD GO	164	Z Living	345	Starz West HD	908	HBO Sneak Peek
24	CNBC HD GO	86	The Movie Channel HD	165	Classic Arts Showcase	346	Starz Comedy HD	909	Optimum Rewards
25	CNN HD GO	88	GSN	166	Cooking Channel HD GO	349	Encore On Demand	910	Optimum WiFi
26	FOX News Channel HD GO	90	Showtime Too HD	167	DIY Network HD GO	350	Encore HD GO	1000	DVR Playback
27	Discovery Channel HD	91	Flix	168	Chiller	351	Encore Action	1001	Multi-Room DVR Playback
28	TLC HD	96	Travel Channel HD GO	169	cloo	352	Encore Suspense	1010	Estrella TV
29	Food Network HD GO	99	Optimum Channel Guide	170	Science Channel HD	353	Encore Westerns	1011	
30	HGTV HD GO	100	Digital Channel Guide	171	Investigation Discovery HD	354	Encore Classic	-1047	Optimum en español Channels
31	Disney Channel HD GO	101	BBC America HD	172	Destination America HD	355	Encore Black	1048	ExitosTV
32	Cartoon Network HD GO	102	C-SPAN 3 GO	173	American Heroes Channel	356	Encore Family	1058	
33	Nickelodeon HD GO	103	EuroNews	175	UP	370	Cinemax On Demand	-1099	Optimum en español Channels
34	TV Land HD	104	BBC World News	176	ASPiRE	371	ActionMAX HD	1100	
35	ESPN2 HD GO	105	Bloomberg TV HD	177	ReelzChannel HD	372	MoreMAX HD	-1195	International Channels
36	ESPN HD GO	106	FOX Business Network HD GO	178	TV One	373	ThrillerMAX HD	1300	3D on Optimum TV
37	TNT HD GO	107	MundoFOX HD	179	Logo GO	374	MovieMAX HD		
38	USA Network HD GO	108	Live Well HD	180	OWN HD	375	MAX Latino HD		
39	TBS HD GO	109	Cozi TV HD	181	ShopHQ	376	5 StarMAX HD		
40	FX HD GO	111	This TV	182	Jewelry Television	377	OuterMAX HD		
41	Spike TV HD GO	114	Antenna TV	184	Great American Country	378	Cinemax West HD		
42	WE tv HD GO	116	NYS Legislative TV (in NY)	185	Centric	379	TMC On Demand		
43	AMC HD GO	118	Local Programming/ Leased Access	186	VH1 Classics	380	TMC Xtra HD		
44	Bravo HD GO	120	Discovery Family Channel	187	CMT HD GO	381	TMC West HD		
45	Lifetime HD GO	121	Disney XD HD GO	188	MTV Hits	382	TMC Xtra West HD		
46	A&E HD GO	122	Nicktoons TV	189	VH1 Soul	400-413	Optimum Sports & Entertainment Pak		
47	History HD GO	123	Nick Jr.	190	FX Movie Channel GO	414	Sports Overflow HD		
48	Syfy HD GO	124	Teen Nick	191	Hallmark Channel GO	415-429	Seasonal Sports Packages		
49	ABC Family HD GO	125	Boomerang	192	SundanceTV GO	430	NBA TV HD		
50	Comedy Central HD GO	126	Disney Junior HD GO	193	Hallmark Movies & Mysteries HD	432-450	Seasonal Sports Packages		
51	E! HD GO	127	Sprout GO	195	MTV Tr3s	460	Sports Overflow 2 HD		
52	VH1 HD GO	131	Kids Thirteen	196	FOX Deportes	461-465	Optimum Sports & Entertainment Pak		
53	MTV HD GO	132	WLIW World	197	mun ² GO	470-477	Barclay's Premier League		
54	BET HD GO	133	WLIW Create	198	Galavisión HD	481-499	Seasonal Sports Packages HD		
55	MTV2 HD	134	Trinity Broadcasting Network	199	Vme	500-521	On Demand Channels		
56	fuse HD	135	EWTN	300	HBO On Demand	530	Playboy TV (Adult)		
57	Animal Planet HD	136	Daystar	301	HBO Signature HD	531	Playboy TV On Demand (Adult)		
58	truTV HD GO	137	Telecare	302	HBO Comedy HD	532	Playboy TV en Español (Adult)		
59	CNN Headline News GO	138	Jewish Broadcasting Service	303	HBO Comedy HD	533	Brazzers (Adult)		
		140	ESPN Classic	304	HBO Zone HD	550-553	Pay Per View		
		141	ESPNEWS HD GO	305	HBO Latino HD				
		142	FXX HD GO						

HD indicates HD is available.**GO** indicates TV to GO is available.

Premium Channels

11 channels of HBO plus
11 HBO HD channels

- 82 HBO **HD GO**
- 301 HBO Signature **HD**
- 302 HBO Family **HD**
- 303 HBO Comedy **HD**
- 304 HBO Zone **HD**
- 305 HBO Latino **HD**
- 306 HBO West **HD**
- 307 HBO2 West **HD**
- 308 HBO Signature West **HD**
- 309 HBO Family West **HD**
- 310 HBO2 **HD**

11 channels of Showtime plus
7 Showtime HD channels

- 84 Showtime **HD GO**
- 90 Showtime Too **HD**
- 321 Showtime Showcase **HD**
- 322 Showtime Extreme **HD**
- 323 Showtime Beyond
- 324 Showtime Next
- 325 Showtime Family Zone
- 326 Showtime Women
- 327 Showtime West **HD**
- 328 Showtime Too West **HD**
- 329 Showtime Showcase West **HD**

9 channels of Cinemax plus
9 Cinemax HD channels

- 85 Cinemax **HD GO**
- 371 ActionMAX **HD**
- 372 MoreMAX **HD**
- 373 ThrillerMAX **HD**
- 374 MovieMAX **HD**
- 375 MAX Latino **HD**
- 376 5 StarMAX **HD**
- 377 OuterMAX **HD**
- 378 Cinemax West **HD**

4 channels of TMC plus
4 TMC HD channels

- 86 The Movie Channel **HD**
- 380 TMC Xtra **HD**
- 381 TMC West **HD**
- 382 TMC Xtra West **HD**

15 channels of Starz/Encore plus
6 Starz/Encore HD channels

- 340 Starz **HD GO**
- 341 Starz Cinema
- 342 Starz Kids & Family **HD**
- 343 Starz Edge **HD**
- 344 Starz in Black

- 345 Starz West **HD**
- 346 Starz Comedy **HD**
- 350 Encore **HD GO**
- 351 Encore Action
- 352 Encore Suspense
- 353 Encore Westerns
- 354 Encore Classic
- 355 Encore Black
- 356 Encore Family
- 357 Encore West

On Demand

Tune to Ch. 500 or directly to the channels below:

- 300 HBO On Demand
- 320 Showtime On Demand
- 339 Starz On Demand
- 349 Encore On Demand
- 370 Cinemax On Demand
- 379 TMC On Demand
- 500 On Demand
- 502 Free On Demand
- 503 Disney Channel On Demand
- 504 Disney Family Movies On Demand
- 505 The Jewish Channel On Demand
- 506 FUNimation On Demand
- 507 Anime Network On Demand
- 508 IFC In Theaters On Demand
- 509 here! On Demand
- 520 Adult On Demand
- 521 Too Much For TV On Demand
- 531 Playboy TV On Demand

Optimum Sports & Entertainment Pak

- 88 GSN
- 140 ESPN Classic
- 144 ESPNU **HD GO**
- 147 FNTSY Sports Network
- 150 NFL Network **HD GO**
- 151 NFL RedZone **HD**
- 152 ESPN Goal Line/ESPN Buzzer Beater **HD GO**
- 154 beIN Sports en Español **HD GO**
- 155 beIN Sports **HD GO**
- 400 MLB Network **HD**
- 401 NHL Network **HD**
- 402 TVG Network
- 403 FOX Sports 2 **GO**
- 407 Outdoor Channel **HD**
- 408 NBCSN **HD GO**

- 409 GOL TV
- 410 The Golf Channel **HD GO**
- 411 MavTV
- 412 CBS Sports Network **HD**
- 413 BTN **HD GO**
- 430 NBA TV **HD**
- 461 FOX Soccer Plus **HD GO**
- 462 Sportsman Channel
- 463 Willow **GO**
- 464 Fight Network
- 465 World Fishing Network
- 470 Barclay's Premier League (HD Only)
- 471-477 Barclay's Premier League

Optimum Seasonal Sports

- 415-429 NHL Center Ice/MLB Extra Innings
- 432-441 NBA League Pass/MLS Direct Kick
- 445-450 ESPN Game Plan/ESPN Full Court
- 481-489 NHL Center Ice/MLB Extra Innings **HD**
- 491-499 NBA League Pass/MLS Direct Kick¹ **HD**

Enhanced

- 600 Quick Views
- 601 Market Showcase
- 602 Market Showcase Extra
- 603 Market Showcase Plus
- 604 MSG Interactive
- 605 Newsday Cars
- 606 Newsday Homes
- 609 More Market Showcase
- 610 TAG Games
- 612 News 12 Interactive
- 614 MSG Varsity Interactive
- 615 The Lustgarten Foundation
- 619 HSN by Remote
- 630 Caller ID
- 640 Photos
- 660 Metro Ethernet Now

Optimum en español

- 1011 HITN
- 1012 CNN en Español
- 1013 Discovery en Español
- 1014 Momentum TV
- 1015 Infinito
- 1016 Nat Geo Mundo
- 1017 History en Español
- 1018 Discovery Familia
- 1022 FOROtv
- 1023 Supercanal Caribe
- 1024 Telemicro Internacional
- 1025 Dominican View
- 1026 WAPA America
- 1028 Cuba Play
- 1031 Ecuavisa Internacional
- 1032 TV Chile
- 1033 Nuestra Tele
- 1034 Caracol TV Internacional
- 1038 Tele El Salvador
- 1039 SUR Perú
- 1041 telefe internacional
- 1042 Canal Sur
- 1043 TVE Internacional
- 1046 Multimedios
- 1047 Azteca America
- 1049 Mexicana
- 1058 Cine Latino
- 1059 ViendoMovies
- 1065 Univisión Deportes Network **HD**
- 1066 ESPN Deportes **GO**
- 1067 FOX Deportes
- 1068 GOL TV
- 1069 Latin American Sports
- 1070 beIN Sports en Español **HD GO**
- 1073 MTV Tr3s
- 1074 mun² **GO**
- 1075 HTV música
- 1081 Vme Kids
- 1082 Cartoon Network
- 1083 Sorpresa
- 1084 Disney XD
- 1085 CBeebies
- 1086 Semillitas
- 1091 Univisión tNovelas
- 1092 La Familia
- 1093 Ella
- 1094 FOX Life
- 1095 Latele Novela
- 1097 EWTN Español
- 1098 Maria+Vision
- 1099 World Picks Latino On Demand

Optimum International

- 1100 Noire Africa TV
- 1101 Afrotainment Plus
- 1103 CEEN
- 1104 CaribVision
- 1105 Tempo
- 1109 TV5MONDE
- 1112 DW Amerika
- 1115 iTVN
- 1116 TV Polonia
- 1117 TVN24
- 1118 The Israeli Network
- 1122 Antenna Satellite
- 1123 Mega Cosmos
- 1127 RTPi
- 1128 SPT
- 1129 TV Globo
- 1130 TV Record
- 1135 ART
- 1146 Phoenix North American Chinese Channel
- 1147 Phoenix InfoNews
- 1148 The Chinese Channel
- 1149 ET Global NY
- 1150 CCTV-4
- 1151 NTD TV
- 1153 MBC
- 1154 The Korean Channel-TKC
- 1155 KBS World
- 1156 CTS America
- 1157 TV Japan
- 1159 ONE World Sports
- 1161 The Filipino Channel
- 1162 GMA Pinoy TV
- 1164 Jus Punjabi
- 1165 Bollywood Hits On Demand
- 1167 TV Asia
- 1168 ITV Gold
- 1169 Zee TV
- 1170 Life OK
- 1171 Willow **GO**
- 1173 SET Asia
- 1174 Star India Plus
- 1175 Star India Gold
- 1182 RTVi
- 1183 RTN
- 1184 Channel 1 Russia
- 1185 NTV America
- 1186 CTC
- 1188 TeleKlub
- 1189 RTR Planeta
- 1194 RAI Italia
- 1195 Mediaset Italia


HD indicates HD is available.

GO indicates TV to GO is available.

Note: 1. HD programming for MLS Direct Kick is available on Channels 496-499. CableCARD customers will continue to view Travel Channel HD on Ch. 763, Optimum Sports HD on Ch. 773 and Optimum Sports2 HD on Ch. 774. Programming subject to change or discontinuance. A digital cable box, HD digital cable box, CableCARD or a QAM tuner is needed to receive certain channels. Customers with QAM tuners will receive some channels on non-standard channel positions. All HD channels require an HDTV. Channel availability depends on level of service and equipment. Channel locations subject to change. Visit optimum.com for the most current channel listings. An HD digital cable box with an HDMI connection to a 3D TV and manufacturer-approved 3D glasses are required to view 3D programming. Subscription to channels and valid Optimum ID and password required for TV to GO programming, available only in the U.S. All channels not available on all devices. Optimum, the Optimum family of marks and Optimum logos are registered trademarks of CSC Holdings, LLC. ©2014 CSC Holdings, LLC. COL0814COM001CLUR0C

Connect with us online at optimum.net and:

 facebook.com/Optimum

 twitter.com/OptimumHelp