

**Ossining/  
Rockland County**

February 2014

- 2 WCBS (2) New York (CBS)
- 3 WPXN (31) New York (ION)
- 4 WNBC (4) New York (NBC)
- 5 WNYW (5) New York (FOX)†
- 6 WXTV (41) Paterson (Univision)†
- 7 WABC (7) New York (ABC)†
- 8 NJTV
- 9 My9 New York (MNT-WWOR)
- 10 Trinity Broadcasting Network
- 11 WPIX (11) New York (CW)
- 12 News 12 Hudson Valley†
- 13 WNET (13) New York (PBS)
- 14 Optimum Channel†
- 15 Public Access
- 16 WNJU (47) Linden (Telemundo)†
- 17 UniMÁS
- 18 HSN
- 19 WRNN (62) Kingston (IND)
- 20 WMBC (63) Newton (IND)
- 21 WLIW (21) Plainview (PBS)
- 22 NYC Life
- 23 MSNBC†
- 24 CNBC†
- 25 CNN†
- 26 FOX News Channel†
- 27 Discovery Channel
- 28 TLC
- 29 Food Network†
- 30 HGTV†
- 31 Disney Channel†
- 32 Cartoon Network†
- 33 Nickelodeon†
- 34 TV Land
- 35 ESPN2†
- 36 ESPN†
- 37 TNT†
- 38 USA Network†
- 39 TBS†
- 40 FX†
- 41 Spike TV†
- 42 WE tv†
- 43 AMC†
- 44 Bravo†
- 45 Lifetime†
- 46 A&E†
- 47 History†
- 48 QVC
- 49 ABC Family†

- 50 Comedy Central†
- 51 E!†
- 52 VH1†
- 53 MTV†
- 54 BET†
- 55 MTV2
- 57 Animal Planet
- 58 truTV†
- 59 CNN Headline News†
- 60 SportsNet New York
- 61 News 12 Traffic & Weather
- 62 The Weather Channel
- 64 Esquire Network†
- 65 C-SPAN
- 66 C-SPAN 2
- 67 Turner Classic Movies†
- 68 Syfy†
- 70 YES Network
- 71 MSG
- 72 MSG Plus
- 73 Sports Overflow
- 78 Government Access/ShopHQ
- 80 FOX Sports 1†
- 81 Oxygen†
- 82 HBO†
- 83 IFC†
- 84 Showtime†
- 85 Cinemax†
- 86 The Movie Channel
- 87 fuse
- 88 GSN
- 90 Showtime Too
- 91 Flix
- 96 Travel Channel†
- 99 Optimum Channel Guide
- 100 Digital Channel Guide
- 101 BBC America
- 102 C-SPAN 3
- 103 EuroNews
- 104 BBC World News
- 105 Bloomberg TV
- 106 FOX Business Network†
- 107 MundoFOX
- 108 Live Well
- 109 Cozi TV
- 111 This TV
- 114 Antenna TV
- 116 NYS Legislative TV
- 118 Local Programming
- 120 The Hub
- 121 Disney XD†
- 122 Nicktoons TV
- 123 Nick Jr.

- 124 Teen Nick
- 125 Boomerang
- 126 Disney Junior†
- 127 Sprout†
- 131 Kids Thirteen
- 132 WLIW World
- 133 WLIW Create
- 135 EWTN
- 136 Daystar
- 137 Telecare
- 138 Shalom TV
- 140 ESPN Classic
- 141 ESPNEWS†
- 142 FXX†
- 143 CBS Sports Network
- 144 ESPN†
- 145 The Golf Channel†
- 146 NBCSN†
- 148 NBA TV
- 149 MLB Network
- 150 NFL Network†
- 151 NFL RedZone
- 152 ESPN Goal Line/  
ESPN Buzzer Beater†
- 153 ESPN Deportes†
- 156 Fusion
- 157 The Blaze
- 158 National Geographic Wild
- 160 BIO
- 161 H2†
- 162 National Geographic Channel†
- 163 Smithsonian Channel
- 164 Veria Living
- 165 Classic Arts Showcase
- 168 Chiller
- 169 cloo
- 170 Science Channel
- 171 Investigation Discovery
- 172 Destination America
- 173 Military Channel
- 177 ReelzChannel
- 178 TV One
- 179 Logo
- 180 OWN
- 181 ShopHQ
- 182 Jewelry Television
- 184 Great American Country
- 185 Centric
- 186 VH1 Classic
- 187 CMT
- 188 MTV Hits
- 189 VH1 Soul
- 190 FX Movie Channel†

- 191 Hallmark Channel†
- 192 SundanceTV†
- 193 Hallmark Movie Channel
- 195 MTV Tr3s
- 196 FOX Deportes
- 197 mun2†
- 198 Galavisión
- 199 Vme
- 291 The Jewish Channel On Demand
- 300 HBO On Demand
- 301 HBO Signature
- 302 HBO Family
- 303 HBO Comedy
- 304 HBO Zone
- 305 HBO Latino
- 306 HBO West
- 307 HBO2 West
- 308 HBO Signature West
- 309 HBO Family West
- 310 HBO2
- 320 Showtime On Demand
- 321 Showtime Showcase
- 322 Showtime Extreme
- 323 Showtime Beyond
- 324 Showtime Next
- 325 Showtime Family Zone
- 326 Showtime Women
- 327 Showtime West
- 328 Showtime Too West
- 329 Showtime Showcase West
- 339 Starz On Demand
- 340 Starz†
- 341 Starz Cinema
- 342 Starz Kids & Family
- 343 Starz Edge
- 344 Starz in Black
- 345 Starz West
- 346 Starz Comedy
- 349 Encore On Demand
- 350 Encore†
- 351 Encore Action
- 352 Encore Suspense
- 353 Encore Westerns
- 354 Encore Classic
- 355 Encore Black
- 356 Encore Family
- 357 Encore West
- 370 Cinemax On Demand
- 371 ActionMAX
- 372 MoreMAX
- 373 ThrillerMAX
- 374 MovieMAX
- 375 MAX Latino

- 376 5 StarMAX
- 377 OuterMAX
- 378 Cinemax West
- 379 TMC On Demand
- 380 TMC Xtra
- 381 TMC West
- 382 TMC Xtra West
- 400-413 Optimum Sports & Entertainment Pak
- 414 Sports Overflow
- 415-429 Seasonal Sports Packages
- 430 NBA TV
- 432-450 Seasonal Sports Packages
- 460 Sports Overflow 2
- 461-465 Optimum Sports & Entertainment Pak
- 470-477 Barclay's Premier League
- 481-499 Seasonal Sports Packages
- 500-521 On Demand Channels
- 530 Playboy TV (Adult)
- 531 Playboy TV On Demand
- 533 Brazzers (Adult)
- 550-553 Pay Per View
- 600-660 Enhanced TV Channels
- 693-720 High-Definition Channels
- 721 WLIW Digital (HD only)
- 722-726 High-Definition Channels
- 727 Velocity (HD only)
- 728-744 High-Definition Channels
- 745 Universal HD (HD only)
- 746-783 High-Definition Channels
- 784 Crime & Investigation Network (HD only)
- 785 Palladia (HD only)
- 786-848 High-Definition Channels
- 850-899 Music Choice Channels†
- 900 Explore Optimum
- 901 Order Optimum Online
- 902 Optimum Upgrades
- 903 Optimum Upgrades Extra
- 904 Explore Optimum en español
- 905 Multi-Room DVR
- 910 WiFi Channel
- 1010 Estrella TV
- 1011-1099 Optimum en español
- 1100-1195 International Channels
- 1300 3D on Optimum TV

Teal indicates channels also in HD.  
† indicates TV to GO available.

## Premium Channels

11 channels of HBO plus  
11 HBO HD channels

- 82 HBO<sup>†</sup>
- 301 HBO Signature
- 302 HBO Family
- 303 HBO Comedy
- 304 HBO Zone
- 305 HBO Latino
- 306 HBO West
- 307 HBO2 West
- 308 HBO Signature West
- 309 HBO Family West
- 310 HBO2

11 channels of Showtime plus  
7 Showtime HD channels

- 84 Showtime<sup>†</sup>
- 90 Showtime Too
- 321 Showtime Showcase
- 322 Showtime Extreme
- 323 Showtime Beyond
- 324 Showtime Next
- 325 Showtime Family Zone
- 326 Showtime Women
- 327 Showtime West
- 328 Showtime Too West
- 329 Showtime Showcase West

9 channels of Cinemax plus  
9 Cinemax HD channels

- 85 Cinemax<sup>†</sup>
- 371 ActionMAX
- 372 MoreMAX
- 373 ThrillerMAX
- 374 MovieMAX
- 375 MAX Latino
- 376 5 StarMAX
- 377 OuterMAX
- 378 Cinemax West

4 channels of TMC plus  
4 TMC HD channels

- 86 The Movie Channel
- 380 TMC Xtra
- 381 TMC West
- 382 TMC Xtra West

15 channels of Starz/Encore plus  
6 Starz/Encore HD channels

- 340 Starz<sup>†</sup>
- 341 Starz Cinema
- 342 Starz Kids & Family
- 343 Starz Edge
- 344 Starz in Black
- 345 Starz West
- 346 Starz Comedy
- 350 Encore<sup>†</sup>
- 351 Encore Action
- 352 Encore Suspense
- 353 Encore Westerns
- 354 Encore Classic
- 355 Encore Black
- 356 Encore Family
- 357 Encore West

## On Demand

Tune to Ch. 500 or directly to the channels below:

- 291 The Jewish Channel On Demand
- 300 HBO On Demand
- 320 Showtime On Demand
- 339 Starz On Demand
- 349 Encore On Demand
- 370 Cinemax On Demand
- 379 TMC On Demand
- 500 On Demand
- 502 Free On Demand
- 503 Disney Channel On Demand
- 504 Disney Family Movies On Demand
- 506 FUNimation On Demand
- 507 Anime Network On Demand
- 508 IFC In Theaters On Demand
- 509 here! On Demand
- 520 Adult On Demand
- 521 Too Much For TV On Demand
- 531 Playboy TV On Demand

## Enhanced

- 600 Quick Views
- 601 Market Showcase
- 603 Market Showcase Plus
- 604 MSG Interactive
- 605 Newsday Cars
- 606 Newsday Homes
- 609 More Market Showcase
- 610 TAG Games
- 612 News 12 Interactive
- 614 MSG Varsity Interactive
- 615 The Lustgarten Foundation
- 617 My Government
- 620 HGTV Interactive
- 621 Food Network Interactive
- 630 Caller ID
- 640 Photos
- 660 Metro Ethernet Now

## Optimum en español

- 1011 HITN
- 1012 CNN en Español
- 1013 Discovery en Español
- 1014 Momentum TV
- 1015 Infinito
- 1016 Nat Geo Mundo
- 1017 History en Español
- 1018 Discovery Familia
- 1022 FOROtv
- 1023 Supercanal Caribe
- 1024 Telemicro Internacional
- 1025 Dominican View
- 1026 WAPA America
- 1027 Puerto Rico Network
- 1028 Cuba Play
- 1031 Ecuavisa Internacional
- 1032 TV Chile
- 1033 Nuestra Tele
- 1034 Caracol TV Internacional
- 1038 Tele El Salvador
- 1039 SUR Perú
- 1041 telefe internacional
- 1042 Canal Sur
- 1043 TVE Internacional
- 1046 Multimedios
- 1047 Azteca America

- 1058 Cine Latino
- 1059 Viendo Movies
- 1065 **Univisión Deportes Network**
- 1066 ESPN Deportes<sup>†</sup>
- 1067 FOX Deportes
- 1068 GOL TV
- 1069 Latin American Sports
- 1073 MTV Tr3s
- 1074 mun<sup>2+</sup>
- 1075 HTV música
- 1081 Vme Kids
- 1082 Cartoon Network
- 1083 Sorpresa
- 1084 Disney XD
- 1085 CBeebies
- 1086 Semillitas
- 1091 Univisión tNovelas
- 1092 La Familia
- 1093 Ella
- 1094 FOX Life
- 1095 Latele Novela
- 1097 EWTN Español
- 1098 Maria+Vision
- 1099 World Picks Latino

## International

- 1100 Noire Africa TV (African)
- 1101 Afrotainment Plus (African)
- 1103 CEEN (Caribbean)
- 1104 CaribVision (Caribbean)
- 1105 Tempo (Caribbean)
- 1109 TV5MONDE (French)
- 1112 DW Amerika (German)
- 1115 iTVN (Polish)
- 1116 TV Polonia (Polish)
- 1117 TVN24 (Polish)
- 1118 The Israeli Network (Israeli)
- 1122 Antenna Satellite (Greek)
- 1123 Mega Cosmos (Greek)
- 1127 RTPi (Portuguese)
- 1128 SPT (Portuguese)
- 1129 TV Globo (Brazilian)
- 1130 TV Record (Brazilian)
- 1135 ART (Arabic)
- 1146 Phoenix North American Chinese Channel (Chinese)

- 1147 Phoenix InfoNews (Chinese)
- 1148 The Chinese Channel (Chinese)
- 1149 ET Global NY (Chinese)
- 1150 CCTV-4 (Chinese)
- 1151 NTD TV (Chinese)
- 1152 MKTV (Korean)
- 1153 MBC (Korean)
- 1154 The Korean Channel-TKC (Korean)
- 1155 KBS World (Korean)
- 1156 CTS America (Korean)
- 1157 TV Japan (Japanese)
- 1159 ONE World Sports (Chinese, Japanese, Korean)
- 1161 The Filipino Channel (Filipino)
- 1162 GMA Pinoy TV (Filipino)
- 1164 Jus Punjabi (Punjabi)
- 1165 Bollywood Hits On Demand (South Asian)
- 1166 World Picks Hindi On Demand (South Asian)
- 1167 TV Asia (South Asian)
- 1168 ITV Gold (South Asian)
- 1169 Zee TV (South Asian)
- 1170 Life OK (South Asian)
- 1171 Willow Plus (South Asian)
- 1173 SET Asia (South Asian)
- 1174 Star India Plus (South Asian)
- 1175 Star India Gold (South Asian)
- 1182 RTVi (Russian)
- 1183 RTN (Russian)
- 1184 Channel 1 Russia (Russian)
- 1185 NTV America (Russian)
- 1186 CTC (Russian)
- 1188 TeleKlub (Russian)
- 1189 RTR Planeta (Russian)
- 1194 RAI Italia (Italian)
- 1195 Mediaset Italia (Italian)

Optimum Sports  
& Entertainment Pak

- 88 GSN
- 140 ESPN Classic
- 144 ESPN<sup>†</sup>
- 150 NFL Network<sup>†</sup>
- 151 NFL RedZone
- 152 ESPN Goal Line/ESPN Buzzer Beater<sup>†</sup>
- 400 MLB Network
- 401 NHL Network
- 402 TVG Network
- 403 FOX Sports 2<sup>†</sup>
- 407 Outdoor Channel
- 408 NBCSN<sup>†</sup>
- 409 GOL TV
- 410 The Golf Channel<sup>†</sup>
- 411 MavTV
- 412 CBS Sports Network
- 413 BTN<sup>†</sup>
- 430 NBA TV
- 461 FOX Soccer Plus<sup>†</sup>
- 462 Sportsman Channel
- 463 Willow Plus
- 464 Fight Now
- 465 World Fishing Network
- 470-477 Barclay's Premier League

## Seasonal Sports Packages

- 415-429 NHL Center Ice/MLB Extra Innings
- 432-441 NBA League Pass/MLS Direct Kick
- 445-450 ESPN Game Plan/ESPN Full Court
- 481-489 NHL Center Ice/MLB Extra Innings
- 491-499 NBA League Pass/MLS Direct Kick (Note 1)

Teal indicates channels also in HD.  
† indicates TV to GO available.

Note: 1. HD programming for MLS Direct Kick is available on Channels 496-499. Ch. 66 may be periodically interrupted with alternate programming. CableCARD customers will continue to view Travel Channel HD on Ch. 763, Optimum Sports HD on Ch. 773 and Optimum Sports2 HD on Ch. 774. Programming subject to change or discontinuance. A digital cable box, HD digital cable box, CableCARD or a QAM tuner is needed to receive all channels. Customers with QAM tuners will receive some channels on non-standard channel positions. All HD channels require an HDTV. Channel availability depends on level of service and equipment. Channel locations subject to change. Visit optimum.com for the most current channel listings. An HD digital cable box with an HDMI connection to a 3D TV and manufacturer-approved 3D glasses are required to view 3D programming. Subscription to channels and valid Optimum ID and password required for TV to GO programming, available only in the U.S. All channels not available on all devices. Optimum, the Optimum family of marks and Optimum logos are registered trademarks of CSC Holdings, LLC. ©2014 CSC Holdings, LLC.

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